

Music Therapy Resources

What is Music Therapy - <https://www.musictherapy.org/about/musictherapy/>

Benefits of Music Therapy for Children - <https://www.greenchildmagazine.com/music-therapy-for-children/>

Health Benefits of Music - <https://www.childrens.com/health-wellness/6-health-benefits-of-music>

Benefits of Music Therapy - <https://positivepsychology.com/music-therapy-benefits/>

Music Therapy Techniques to Try at Home - <https://www.education.com/magazine/article/music-therapy-techniques-home/>

Music Resources for Home Activities - <https://www.musictherapyworks.co.uk/music-resources-for-home-learning>

Setting Up a Music Routine at Home - <https://www.musictherapykids.com/setting-up-a-music-routine-at-home/>

Music Therapy As a Treatment Modality for autism Spectrum Disorders - http://www.musictherapy.org/assets/1/7/MT_Autism_2012.pdf