

Resources for Developmental Milestones

- **Free CDC Milestone Tracker App:**
<https://www.cdc.gov/ncbddd/actearly/milestones-app.html>
- **Developmental Milestones from Help Me Grow MN:**
<https://helpmegrowmn.org/HMG/DevelopMilestone/Newborn/index.html>
- **Developmental Milestones and Activities from Pathways:**
<https://pathways.org/>
- **Fine Motor Activities to do at Home:**
<https://www.therakids.org/media/pdf/FineMotorActivitiesForHome.pdf>
- **Tarrant County Early Childhood Intervention Services (ECI):**
<https://www.mhmrtarrant.org/eci/>
- **HEB ISD Early Childhood Special Education:**
<https://www.hebisd.edu/Page/1478>
- **Occupational Therapy Services from Ready Set Grow Therapy:**
<https://www.readysetgrowtx.com/>